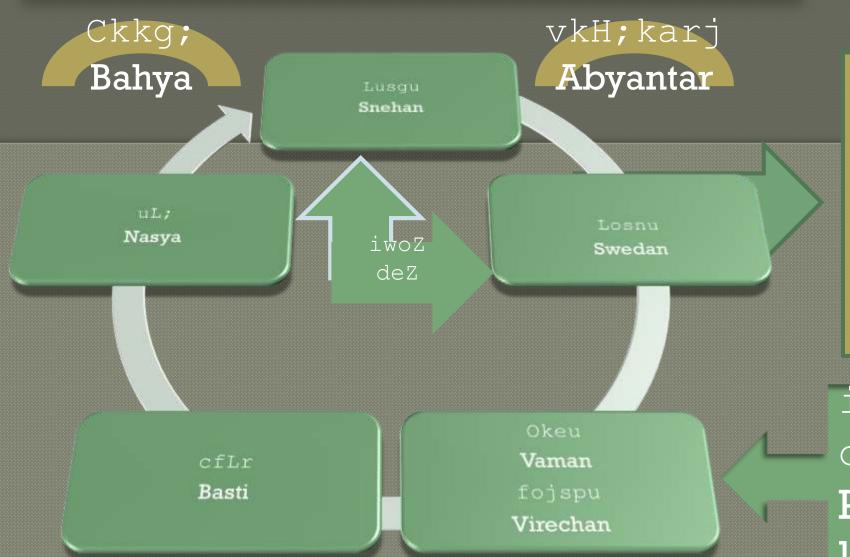


#### Wellness Panchkarma



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#### **Benefits of Panchkarma**

- > Completely natural treatments
- They help to enhance Digestion and Metabolism.
- Detoxifying the body.
- Rejuvenating and relaxing.
- > Physical, Mental & Spiritual Wellness.
- Relieving Mental stress.

#### Wellness Panchkrma

- Wellness panchkrma for all locals tourist and healthy people for rejuvenation and relaxation.
- The room ambience is clean, pleasant, safe, comfortable and pollution free.
- Facilities available are attached washroom hot & cold water,
   Hot and cold AC, gown, blankets, towel, hair-dryer, and slippers.
- Medicines and Oil included in packages.

#### Wellness Panchkrma





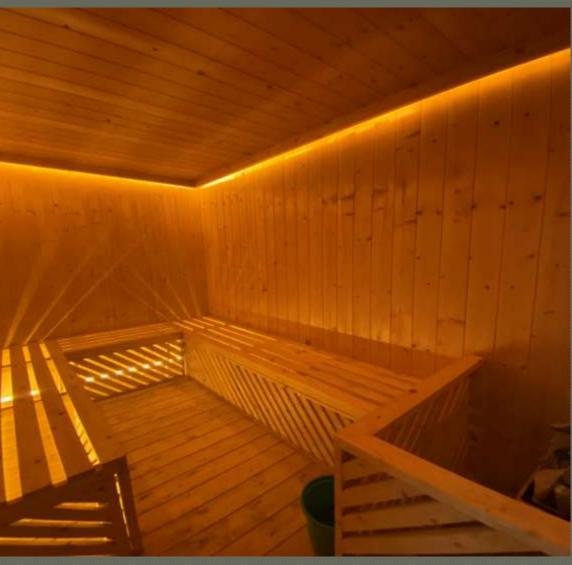


Wellness Panchkrma facility for Male & Female at 06th floor

# Consultation Room

## SonaBath Cabin





## Male Wellness Panchkrma Room





## Female Wellness Panchkarma Room





## Reasonable Charges of Wellness Panchkarma

#### Ayurveda Panchakarma Detox Therapy

Rejuvenate • Cleanse • Heal Naturally





### THROUGH WELLNESS PANCHKARMA

Department of Ayush is promoting Ayurveda Tourism in Himachal Pradesh through Wellness Panchkarma in Regional Ayurvedic Hospital, Chotta Shimla by providing Therapeutic & Preventive Treatment where different packages for different procedures are available with material.





People can visit for mental and physical relaxation, get rid of stress, anxiety, insomia, depression and other diseases.



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For more information and advance booking, visit Regional Ayurvedic Hospital Chhota Shimla or contact 9418011571 9805442774



